

A close-up photograph of a person's hand holding a glowing blue circular icon with a white cross inside. The background is dark with bokeh light effects. The hand is positioned in the center-left of the frame, with the thumb and index finger supporting the icon from below. The icon has a soft glow and a slight shadow on the hand.

**NFZ**

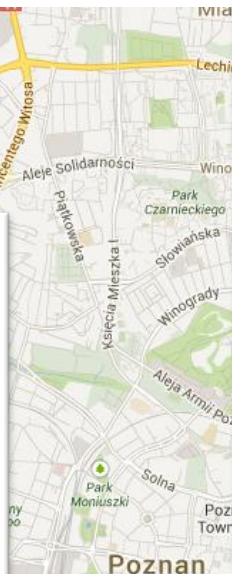
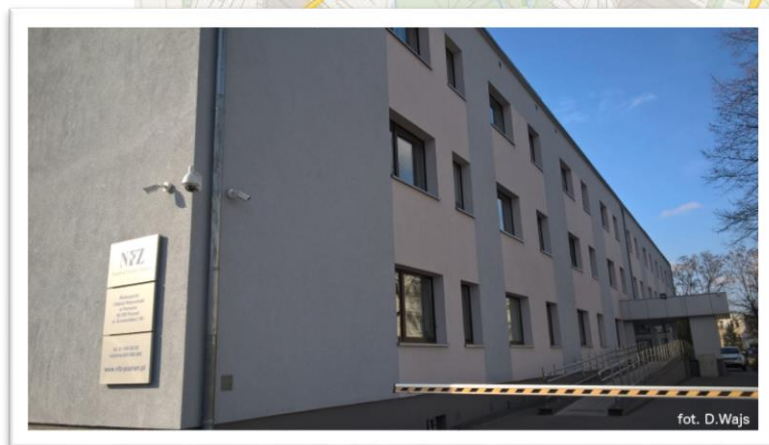
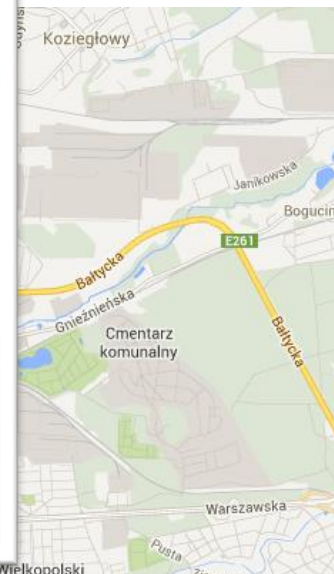
Narodowy Fundusz Zdrowia

# Public Health Insurance

**ACCESS TO HEALTH CARE SYSTEM IN POLAND FOR FOREIGNERS**



# National Health Fund: offices in Poznań



**PIEKARY STREET 14/15**



**GRUNWALDZKA STREET 158**

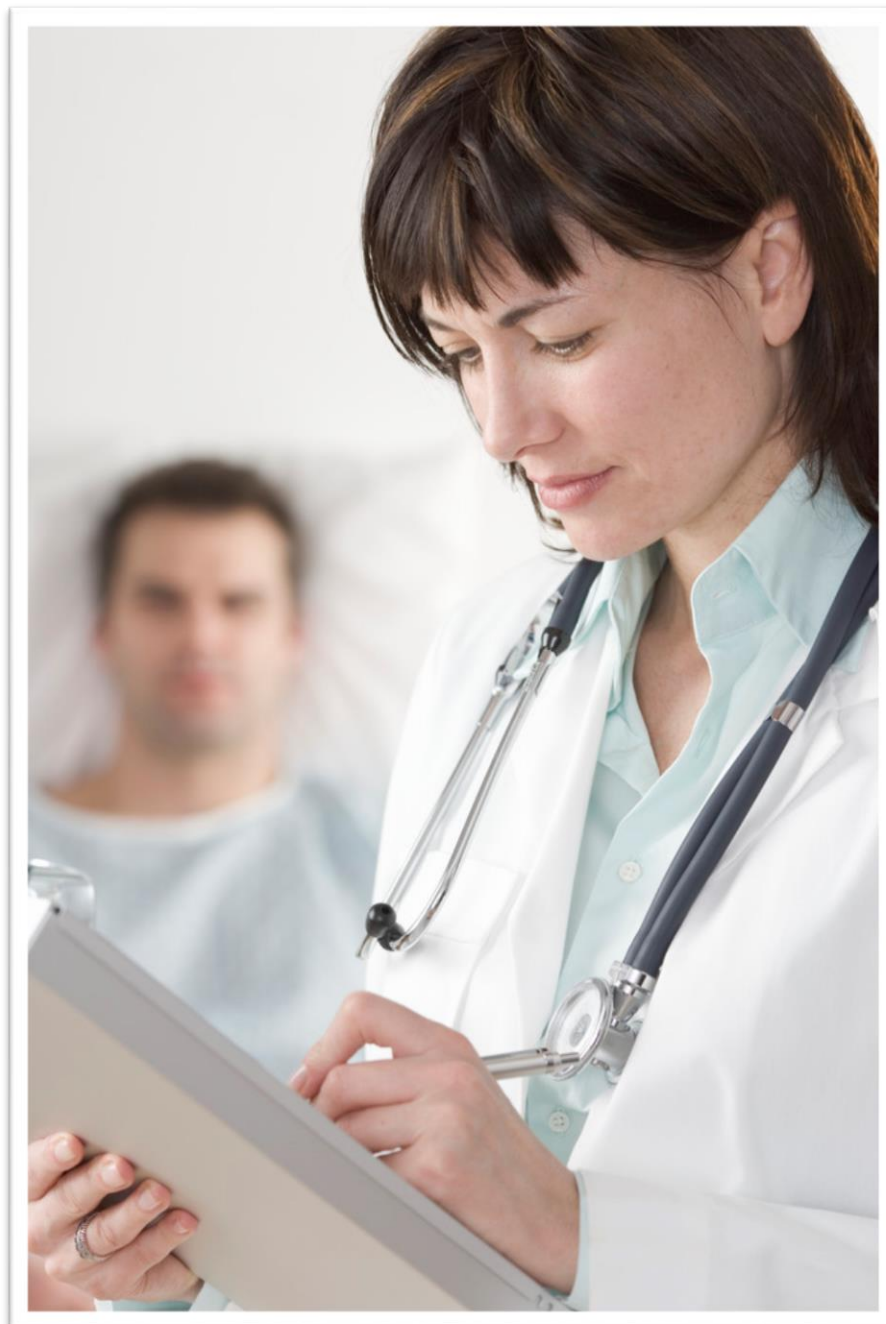
# How to get public health insurance?

EUROPEAN HEALTH INSURANCE CARD  E111

3.Name	Coltos		
4.Given names	Cosmin		
5.Date of birth	30/06/2013	6.Personal identification number	1234567890
		7.Identification number of the institute	90xxx - ABCD
8.Identification number of the card	809021300700000000	9.Expiry date	18/08/2020

# NFZ

Narodowy Fundusz Zdrowia



# STEP 1

## Signing an agreement with the NFZ

### ► Required documents:

- certificate issued by the Polish university
- passport or residence card

**Poznań, Piekary Street 14/15**  
**room no. 704**

 **61 / 655 44 44**



# STEP 2

## Registration of the agreement with ZUS

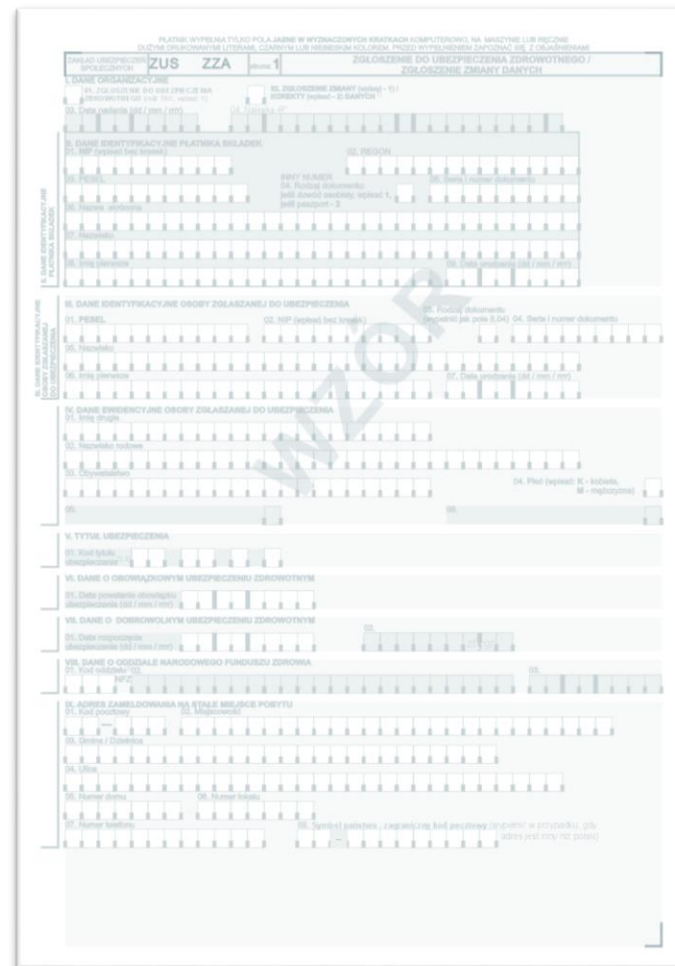
(Zakład Ubezpieczeń Społecznych = Social Insurance Institution)

submission of **ZUS ZZA** form  
within **7** days

[www.zus.pl](http://www.zus.pl)

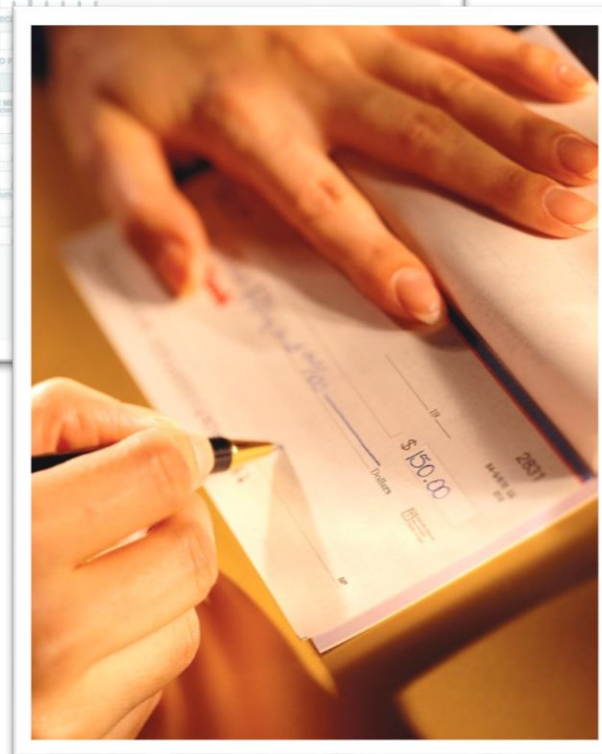
Poznań, Dąbrowskiego Street 12

 61 / 841 60 00



The image shows a sample of the ZUS ZZA form, which is used for the registration of the agreement with the Social Insurance Institution (ZUS). The form is titled "ZUS ZZA" and includes sections for personal data, identification data, and insurance data. It is a complex document with many fields and checkboxes.

Copy of **ZUS ZZA** and  
a **proof of payment** should  
be sent to NFZ

A scan of a ZUS ZZA form, which is a document used for reporting changes in data for health insurance. The form is titled 'ZUS ZZA' and contains various sections for personal and identification data, including fields for name, date of birth, and identification number. A large, semi-transparent watermark 'WZOR' is visible across the form.

- personally
- e-mail: [wsswm@poznan-nfz.pl](mailto:wsswm@poznan-nfz.pl)
- WOW NFZ,  
ul. Piekary 14/15, 61-823 Poznań
- fax: 61 850 63 97

## STEP 3

# Monthly payment of contributions

Fee: **46,80 PLN** / per month

payment on **account of**  
the **Social Insurance Institution**

not later than on the **15<sup>th</sup>** day  
of each month for preceding month



Source: [www.sxc.hu](http://www.sxc.hu)



## STEP 4

# Termination of agreement

If you:

- finish your studies
- finish your stay in Poland
- start a job etc.



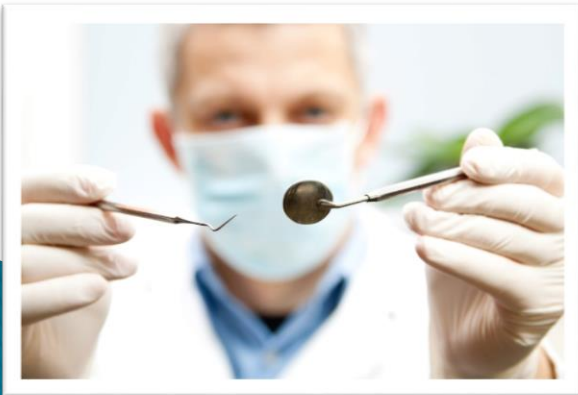
Source: [www.sxc.hu](http://www.sxc.hu)

1. visit NFZ and declare termination of the agreement
2. Fill in **ZWUA form** and send it to the Social Insurance Institution

# Why NFZ?

The insured have access to:

- primary health care,
- specialized health care,
- hospital treatment,
- dental care,
- drug refund,
- ... and much more!

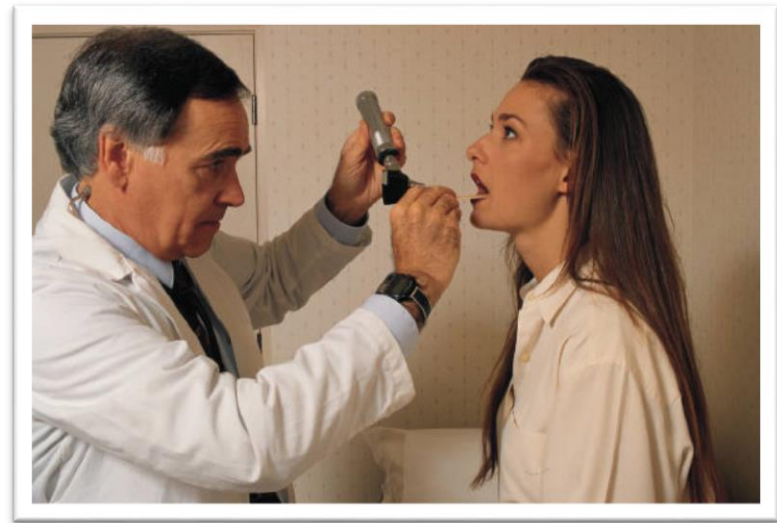


# Problems...?

...queues!



# At the doctor's:



Source: www.sxc.hu

## Take your proof of health insurance:

- the **European Health Insurance Card** (for UE citizens)



- or copy of the **agreement** with the **last month payment sheet**

# PESEL: Citizen Registration Number

- if you have it – use it!
- if you don't have it – use **passport** or **residence card number** instead



Source: [www.sxc.hu](http://www.sxc.hu)

**Department of Civil Affairs,  
Poznań, Libelta Street 16/20**

# If you have PESEL number

you can prove that you're insured  
via an electronic system called

**e-WUŚ**  
Elektroniczna Weryfikacja  
Uprawnień Świadczeniobiorców



# Primary and specialised Health Care

- choose your own General Practitioner (Family Doctor)
- Primary health care: Mon. – Fri.,  
8 a.m. – 6 p.m.
- after 6 p.m., on weekends and holidays:  
24-hour care provided by special units
- **referral** for specialised health care
- **without referral**: gynecologist, dentist,  
oncologist and psychiatrist



Thank you for your attention 😊

Magdalena Nowak



61/ 655 44 44  
800 800 805

[wsswm@poznan-nfz.p](mailto:wsswm@poznan-nfz.p)

[www.nfz-poznan.pl](http://www.nfz-poznan.pl)