



Punkt Pomocy Psychologicznej
Politechniki Poznańskiej

Profesjonalnie – Procesowo – Pomocnie – Przyjaźnie – Poufnie

Internal regulations for using consultations at the Psychological Help Point of the Poznań University of Technology 5P

1.

Psychological help in 5P is provided at the request of the person concerned after prior request signing up for a visit via the website e-rezerwacje.put.poznan.pl

2.

Admission to consultations is determined by the order of application and the availability of the date with the selected psychologist.

3.

Consultations are conducted by persons with appropriate qualifications and competences. 5P psychologists refer in their work to the "Code of Ethics and Professional Psychology" of the Polish Psychological / Psychiatric Association.

4.

The each student/employee is entitled to three consultations per semester (i.e. six in a calendar year). In special cases, this number may be increased. It depends on the individual decision of the psychologist conducting the consultation.

5.

If it is not possible to use the consultation, it is necessary to cancel it by sending an e-mail to the appropriate psychologist. Lack of such information may result in cancellation of subsequent bookings.

6.

Booking the next visit is possible after 7 days from the previous booking and is closely related to the schedule of meetings appointed by the Psychologist.



Punkt Pomocy Psychologicznej
Politechniki Poznańskiej

Profesjonalnie – Procesowo – Pomocnie – Przyjaźnie – Poufnie

7.

Each meeting lasts 40-45 minutes and takes place stationary or via messengers indicated by the selected psychologist on the 5P website.

If the registered person is late, it is not possible to extend the session. The frequency of meetings is determined individually and depends on the availability of dates.

8.

During the meeting, the psychologist collects important information about the reason for the consultation and, together with the person concerned, analyzes the available help options or proposes other forms of cooperation.

9.

The psychologist may refuse to cooperate when the client grossly violates his personal interests, offends or grossly violates the provisions of the regulations.

10.

The client has the right to withdraw from the consultation at any time.

11.

We recommend that students/employees who have direct contact with a given psychologist as part of cooperation at the Poznań University of Technology make an appointment for consultations to another psychologist from 5P.

12.

The psychologist is bound by the principle of confidentiality (in accordance with the "Professional Code of Psychology" of the Polish Psychological / Psychiatric Association) except when the psychologist learns about a threat to the life or health of the client or other people.

13.

Due to the ad hoc nature and limited number of visits, the psychologist does not issue a written opinion



Punkt Pomocy Psychologicznej
Politechniki Poznańskiej

Profesjonalnie – Procesowo – Pomocnie – Przyjaźnie – Poufnie

on the client's mental state, with the exception of opinions for the internal needs of the university (Poznań University of Technology), e.g. regarding the consideration of the client's special needs in the didactic process.

Poznan 2023